

River Street Early Learning Centre

Allergy Aware Policy

Policy

To make River Street Early Learning Centre a safe place for all children, we have adopted an Allergy Aware procedure.

This means we are to eliminate any products with nuts at River Street Early Learning Centre and any whole egg products. Many childcare centres and schools have adopted this practice to help prevent potentially life threatening situations for children with these allergies. For the children without the allergies, it is a small change to their food brought along to eat at school.

Procedure

Please don't bring along any food with

- Peanut butter, "Nutella", "Nuts about Chocolate" and other spreads containing nuts
- Nuts in their shells or mixed with dried fruits
- Muesli bars, other bars or lunch box treats containing nuts
- Lollies or chocolates containing nuts
- Oil such as peanut oil used for cooking food
- Whole egg products such as hard boiled eggs and egg sandwiches

What if my child eats these foods (eg. peanut butter toast) before coming to school? - We ask that you check that they have washed their hands, faces, teeth and there are no traces on their clothes. This will be fine.

What if I forget? - Teachers will try to check lunch boxes and remove anything not appropriate

Please encourage your child to eat only their food and not to share food (the only time sharing is not encouraged!!)

We acknowledge that due to food processing practices it is impractical to eliminate nuts or nut products entirely from an environment where there is food. Thus the term Allergy "Aware" School is used.

Reference 1 – Munch and move

Reference 2 – Staying Healthy in childcare Edt:5

Written July 2014

Due to be reviewed January 2015